

Amanda Pezzanite, LCSW-C

EDUCATION

Bachelor of Art, Social Work, Minor in Criminology, Hood College, Frederick, MD, May 2011

- President and Founder, Students Helping Honduras Hood College Chapter

Master of Social Work, Clinical, Mental Health, Substance Abuse, University of Maryland School of Social Work, Baltimore, MD, July 2012

EXPERIENCE

DBT Therapist, DBT Maryland LLC (previously known as Dr. Judi Sprei and Associates) 2016-present

- Provide comprehensive DBT and family therapy
- Lead adolescent, multi-family, and graduate DBT skills groups
- Supervise Licensed Master Social Worker (LMSW) therapists
- Attend weekly DBT consultation team meetings

Dialectical Behavioral Therapy (DBT) Program Coordinator and Implementation Specialist, J.L.G. Regional Institute for Children and Adolescents, Rockville, MD 2019-2023

- Create curriculum for DBT training program for therapists, teachers, school support staff, and residential staff
- Provide training in DBT to clinical, residential and school staff
- Oversee the DBT program in school, clinical, and residence and collaborate between teams
- Supervise LMSW therapists

Social Worker, J.L.G. Regional Institute for Children and Adolescents, Rockville, MD 2013-2023

- Provide individual and family therapy, including comprehensive DBT, to emotionally disabled students and their families
- Member of a DBT Consultation Team since December 2014
- Attended weekly 50-minute trainings on DBT from October 2013 to January 2015
- Leader and Co-leader of DBT Multi-family, adolescent, and graduate skills groups and other therapeutic groups
- Collaborate with multidisciplinary team including special education teachers, administrators, residential staff, psychiatrists, and expressive therapists
- Ongoing case management

Volunteer Resource and Kindergarten Teacher, Bilingual Education for Central America (BECA), el Progreso, Honduras 2012-2013

- Teach kindergarten classes and create lesson plans
- Develop behavioral intervention plans and positive reward systems for the students exhibiting behavioral issues
- Work with teachers and students to provide academic support inside and outside the classrooms
- Develop individualized education plans for students identified by their teachers as needing additional help to meet academic goals

Social Work Intern, Health Department Substance Abuse Services, Frederick, MD 2011-2012

- Provide individual counseling to adult clients
- Produce and maintain client records
- Co-lead two weekly group counseling sessions

Social Work Intern, Office of the Public Defender (OPD), Hagerstown, MD 2010-2011

- Request and review clients' mental and physical health records
- Perform psychosocial interviews, evaluate client needs, collaborate with community resources to meet client needs, and ongoing case management

Volunteer, Heather Ridge School, Frederick, MD 2008-2009

- Attend behavior intervention plan and individualized education program meetings
Student Intern, Jones Lane Elementary School, Gaithersburg MD
- Assist fourth and fifth grade special education students in their mainstream classes

2006-2007

ADDITIONAL INFORMATION

- Speaks conversational Spanish
- Maryland State Board of Social Work Examiners Approved Supervisor
- Member of the National Association of Social Workers
- **DBT-Linehan Board of Certification, Certified Clinician™**